



PCHA Academic Program
at
QELENSEN A LEN
Secondary School



Agenda



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Territorial Acknowledgement

Sooke District Schools would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which the school is built; and the nations SD62 works with Beecher Bay, Scia'new Nation, T'Sou-ke Nation, Nuu-chah-nulth Pacheedaht Nation to the West and the Malahat Nation. We recognize the territory and nation. We thank them for sharing this beautiful land.



School Vision

1. Relationship building builds your reputation.
2. Student athletes have Roles and Responsibilities.
3. Communication is consistent and in support of student engagement:
 - a. PCHA;
 - b. MCP Sport Conditioning;
 - c. Eagle Ridge Community Centre;
 - d. QELENSEN A LEN; and
 - e. WestShore Community.
3. Progressive discipline ensures students are reflective and given the opportunity to demonstrate their learning and growth.

Your Teams



Training Teams

PCHA
MCP Sport Conditioning
Eagle Ridge Community Centre

Educational Team

- Teachers:
- Academic
 - Tutorial
 - NA'TSA'MAHT Indigenous Education
 - Online



Clerical Team

Ms. L. Smith
Ms. J. Mugford (Tue - Thur)

Leadership Team

Mr. R. Dubé: Onsite Admin/VP
Mr. M. Huck: District Principal

Academic Roles & Responsibilities Part 1

Role	Responsibilities
Maintain good standing (Developing/Proficient; 60-70%) in all academic courses	<ul style="list-style-type: none">- Meet behaviour expectations;- Stay current with assignments;- Notify teachers in advance when you are going to miss school.- Gr 8/9 Proficiency Scale:<ul style="list-style-type: none">- Emerging, Developing, Proficient & Extending- Gr 10 – 12: Letter Grades:<ul style="list-style-type: none">- F, C-, C, C+, B, A
Arrange time for missed learning (team vs. family trips)	<ul style="list-style-type: none">- Arrange with teachers to complete any missed learning or assessments; and- Notify your tutorial teacher and work together to make a plan:<ul style="list-style-type: none">- School takes priority when the only available time is during practice or training;- Educational program continues after the season is over (Sep – Jun); and- Families who choose to depart before the end of the school year will not be supported remotely.

Academic Roles & Responsibilities Part 2

Role	Responsibilities
Adhere to the Cell Phone Use Policy (Provincially Mandated)	<ul style="list-style-type: none">- No cell phone/electronic devices during hours of instruction;- Cell phones may be accessed during transitions, lunch and before/after school;- Cell phones are off and placed in cell phone hotels in each classroom;- Breaching these responsibilities will initiate progressive discipline.
Respect the learning spaces & resources	<ul style="list-style-type: none">- Arrive to class on time and with all required learning resources;- Recognize the privilege of eating during class to support your demanding schedule; Privileged may be revoked if disrespected;- Leave no mess behind or create any distraction(s); and- Treat the rooms and resources with care and consideration.

SD 62 Secondary School Code of Conduct

Sooke School District secondary schools are safe and caring schools that values students and school culture. All members of the school community have an obligation to:

- Support learning.
- Promote safety.
- Respect property, environment, personal space and privacy.
- Model courtesy, compassion and respect.
- Celebrate diversity.

All members of the school community will refrain from engaging in any in-person or digital communication or behaviour that is considered to be:

- Bullying, harassing, intimidating, retaliating, discriminating or violent.
- Interfering with the learning and working of others.
- Unsafe or illegal, including the possession, use or distribution of illegal or restricted substances, or the possession of weapons or replicas.

NO SKIP THE DISHES, DOORDASH, etc.

These outside services are not permitted on school property during the school day.

Digital Citizenship

1. Student online behaviour should reflect the Sooke School District values of relationships, choice, respect, integrity, trust, safety, diversity and equity.
2. Online activities related to school are an extension of the classroom and subject to all school and district expectations. Student online behavior should reflect their school and/or SD62's Code of Conduct.
3. Students should report any content or behavior through school-related social media that is not suitable for the school environment.
4. Students should consider the potential consequences of what they post online. What students contribute leaves a digital footprint for all to see. Students should only post what they want friends, peers, teachers, or a future employer to see. Links to other websites should be appropriate for their school setting.



Digital Misconduct

1. Report
2. Delete
3. DO NOT Share

Halls & Stalls

Transiting to and from class:

- Students enter and depart school via WestShore Boxing Gym Entrance located at the end of the brick walkway;
- Students are not permitted to enter/depart the school via the main entrance (sliding glass doors); and
- 1 in/1 out classroom guideline is adhered to so school is a focused place that revolves around learning.



Smoking/Vaping on/near school property:

- Is a breach in the Code of Conduct; and
- Will lead to a 2 Day Out of School Suspension.



Tutorial Blocks

Teams are assigned a tutorial class they attend as part of the PCHA schedule.

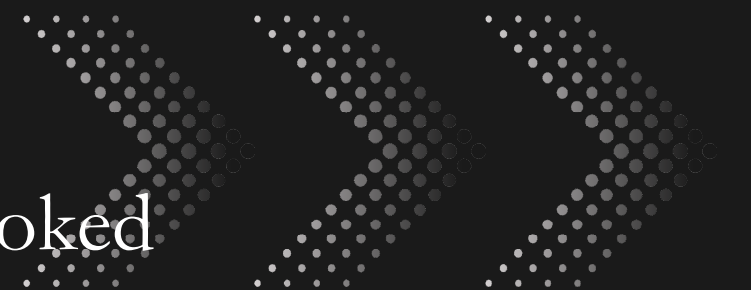
Tutorials are:

- Mandatory for all players;
- Designed to support academic and elective classes;
- Structured for independent and focussed learning;
- Supported by a face-to-face teacher; and
- Absences must be excused by either a note or email from parents, coach(s), or billet parents.

Students unable to achieve academic or social success in this independent learning environment will:

- Be counselled and directed to take ownership of their own success; and
- If improvement is not noted, practice/playing privileges will be revoked until the student is able to demonstrate the expected roles and responsibilities.

Parents and coaches will be notified by the tutorial teacher should privileges be revoked



Online Courses

	Grade				
	8	9	10	11	12
First Semester (Online)	*Exploratory 1	*Individual Sport Training 10A	*Cross-Training 10A	*Cross-Training 11A	*Cross-Training 12A
Second Semester (Online)	*Exploratory 2	*Individual Sport Training 10B	*Cross-Training 10B	*Cross-Training 11B	*Cross-Training 12B
Year-Long Course (Online)	*Physical Education 8 *Careers 8	*Physical Education 9 *Careers 9	*Physical Education 10 *Career Life Ed 10	*Active Living 11 *Hockey Skills 11	*Active Living 12 *Career Life Connections 12

Cross-Training A&B programs are designed to augment the dryland program.

Individual Sport Training A&B programs are designed to augment the on-ice program.

Students will receive access to all online courses within the coming weeks once they are comfortable with the regimented training schedule.

Students are encouraged to share their username/password credentials with parents so that parents can remotely access the courses and stay up-to-date on their student's progress.

Grade 8 Schedule (TBU)

U15 Varsity	Monday	Tuesday	Wednesday	Thursday	Friday 1 or 2
8:50-10:10	Math	Social Studies	Math	Social Studies	F1: Math F2: Social Studies
10 min. Transition					
10:20- 11:40	Social Studies	Math	Social Studies	Math	F1: Social Studies F2: Math
Lunch					
12:30-1:20	Video	Tutorial	Tutorial	Tutorial	Video
10 min. Transition					
1:30-2:20	Gym	Gym	Gym	Gym	-
30 min. Transition					
2:50-3:50	On-Ice	On-Ice	On-Ice	On-Ice	On-Ice (2:10-3:40)

In Semester 2, Math becomes Science and Social Studies becomes English

Grade 9 Schedule (TBU)

U15 Prep	Monday	Tuesday	Wednesday	Thursday	Friday 1 or 2
8:50-10:10	Social Studies	Math	Social Studies	Math	F1: Social Studies F2: Math
10 min. Transition					
10:20- 11:40	Math	Social Studies	Math	Social Studies	F1: Math F2: Social Studies
Lunch					
12:30-1:20	Gym	Gym	Gym	Gym	-
10 min. Transition					
1:40-2:33	On-Ice	On-Ice	On-Ice	On-Ice	On-Ice (12:30-2:00)
27 min. Transition					
3:00-3:45	Video	Tutorial	Tutorial	Tutorial	Video

In Semester 2, Math becomes Science and Social Studies becomes English

U17 AAA Schedule (TBU)

	Monday	Tuesday	Wednesday	Thursday	Friday 1 or 2
7:40-8:30	Gym	Gym	Gym	Gym	Gym
10 min. transition					
8:40-9:30	Video	Tutorial	Tutorial	Tutorial	Video
20 min transition					
9:50-10:50	On-Ice	On-Ice	On-Ice	On-Ice	On-Ice
10 min transition					
11:00-11:30	Meetings	Meetings	Meetings	Meetings	Meetings
Lunch					
12:30-1:50	Block C	Block D	Block C	Block D	F1: Block C F2: Block D
2:00-3:20	Block D	Block C	Block D	Block C	F1: Block D F2: Block C

Semester 1 Block C & D classes: Math & Social Studies (10 – 12)

Semester 2 Block C & D classes: Science & English (10 – 12)

U17 PREP Schedule

(TBU)

	Monday	Tuesday	Wednesday	Thursday	Friday 1 or 2
7:30-8:30	On-Ice	On-Ice	On-Ice	On-Ice	On-Ice
20 min. transition					
8:50-9:40	Gym	Gym	Gym	Gym	Gym
10 min transition					
9:50-10:30	Meetings	Meetings	Meetings	Meetings	Meetings
10:30-11:20	Video	Tutorial	Tutorial	Tutorial	Video
Lunch					
12:30-1:50	Block C	Block D	Block C	Block D	F1: Block C F2: Block D
2:00-3:20	Block D	Block C	Block D	Block C	F1: Block D F2: Block 2

Semester 1 Block C & D classes: Math & Social Studies (10 – 12)
Semester 2 Block C & D classes: Science & English (10 – 12)

U18 PREP Schedule (TBU)

	Monday	Tuesday	Wednesday	Thursday	Friday 1 or 2
7:40-8:20	Meetings	Meetings	Meetings	Meetings	Meetings
20 min. transition					
8:40-9:40	On-Ice	On-Ice	On-Ice	On-Ice	On-Ice
20 min transition					
10:00-10:40	Video	Tutorial	Tutorial	Tutorial	Video
10:40-11:30	Gym	Gym	Gym	Gym	Gym
Lunch					
12:30-1:50	Block C	Block D	Block C	Block D	F1: Block C F2: Block D
2:00-3:20	Block D	Block C	Block D	Block C	F1: Block D F2: Block C

Semester 1 Block C & D classes: Math & Social Studies (10 – 12)

Semester 2 Block C & D classes: Science & English (10 – 12)

Contacting Us

Website: <https://qelensenalen.web.sd62.bc.ca/>



Phone:

CONTACT US

QELENSEN Á, LEN Secondary School & SD62 Academies

104-1089 Langford Parkway
Langford, BC
V9B 0A5

Phone: (250) 391-9006

School Hours:

Monday – Thursday: 8:50 AM – 3:20 PM

Friday: 8:50 AM – 2:55 PM

Office Hours:

Monday – Friday: 8:00 AM – 4:00 PM

Email:

Staff List		
QELENSEN Á, LEN Secondary School Staff List		
Staff Member	Role	Email
Educational Team:		
Mr. R. Dunbar	Tutorials: U18 Prep / U17 AAA / U17 Prep	rdunbar@sd62.bc.ca
Ms. K. Ormiston	Tutorial: U17 Prep Foundations of Math & Pre-Calculus 10 Science 10 Life Sciences 11	kormiston@sd62.bc.ca
Ms. K. Sanderson	Composition 10 Literary Studies 10 Social Studies 10 English Studies 12	ksanderson@sd62.bc.ca