

Overview of Educational Plan

Grade 8	Grade 9
English Language Arts Exploratory: - French - Individual Sports Training - Sustainability Mathematics Physical and Health Education Science Social Studies	English Language Arts Mathematics Physical and Health Education Science Social Studies Electives: - Individual Sports Training - Sustainability
Tutorials	
Career Education Learning About Learning Online Learning Strategies	Career Education Learning About Learning Online Learning Strategies

Grade 10	Grade 11	Grade 12
English Language Arts Mathematics Science Social Studies	English First Peoples Mathematics Science Sustainability	English Studies Mathematics Science Social Studies
Tutorials		
Athlete Training* Career Life Education Learning About Learning Online Learning Strategies Physical & Health Education	Active Living* Fitness & Conditioning* Leadership* Learning About Learning Online Learning Strategies	Active Living* Career Life Connections Fitness & Conditioning* Learning About Learning Online Learning Strategies

Note:

- We are unable to offer all the curricular opportunities of a large secondary school.
- Course offerings are subject to change based on student enrollments per PCHA recruitment.

* This elective course can be replaced by an online course specifically geared towards the student's post-secondary plans. Online courses can be taken through [SD62 Online](#) and while teacher support will be specifically through the online teacher, we will do our best to support students at school as well.

CSSHL Educational Seminars supported through Tutorials (Grade 8 – 12)	
Careers	Physical and Health Education
Digital Ethics and Internet Safety	Consent Education (Sexual Misconduct/Harassment) Drugs/Alcohol and Vaping Mental Health Literacy Racism and Diversity in Sport